



# **From Plagues to Miracles: The Transformational Journey of Exodus, from the Slavery of Ego to the Promised Land of Spirit**

*Robert S. Rosenthal*

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We have all known bondage in one form or another, we have all suffered plagues, and we all want to be free. In this sense, the biblical book of Exodus is not just the story of Moses leading the Hebrews out of slavery in Egypt 3,000 years ago. . . . It is very much our story, too. The conflict between Moses and Pharaoh is our conflict-an inner struggle played out every day in our own hearts and minds. In *From Plagues to Miracles*, psychiatrist Robert Rosenthal offers a remarkable new understanding of Exodus in which Moses and Pharaoh represent dueling aspects of the human mind. Forget what you learned in Sunday school. Under Dr. Rosenthal's keen interpretive lens, Exodus reveals itself as a travel guide for the spiritual seeker; and a road map for navigating the different stages of the spiritual journey-the rough terrain that stands between us and a direct, abiding relationship with Spirit.

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