



Rugger Practice and Tactics - A Manual of Rugby Football Technique

H. MacDonald

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Originally published in 1938, this is book is a comprehensive manual of rugby technique and tactics. Well illustrated throughout with photographs and diagrams, this still contains much of practical use to the modern reader. Contents Include: Individual Practice; Dribbling; Tackling; Kicking; Passing; Body-Swing and Running with the Ball; Combined Practice; The Forwards; The Tight Scrum; The Loose Scrum; The Line Out; Forwards in Defence; Forwards in Attack; The Backs; The Scrum-Half; The Stand-off Half; The Three-quarters, The Centres; The Three-quarters, The Wings; The Full-back; Combined Attack; Combined Defence; Miscellaneous; Clothing, Training, etc; Refereeing and Touch-judging; Learning From Example.

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