



## Seguir sin ti (Spanish Edition)

*Bucay Jorge, Salinas Silvia*

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Hay una frase que siempre repetimos en las charlas que damos juntos sin poder saber nunca quién la dijo por primera vez, pero acordando absolutamente con su mensaje: *Ámame cuando menos me lo merezco, porque es cuando más lo necesito.*

De nuevo juntos, Silvia Salinas y Jorge Bucay han decidido hablar de parejas. Diez años después de la publicación del exitoso *Amarse con los ojos abiertos*, escriben a cuatro manos un libro fascinante y aleccionador, donde nos invitan a reflexionar sobre el amor, y nos obligan a descubrirnos en cada página. Silvia Salinas es Licenciada en Psicología por la Universidad de Buenos Aires. Especialista en psicoterapia de parejas, vivió durante un año en Esalen, California, donde se formó como terapeuta gestáltica. En Buenos Aires continuó su formación con la Dra. Adriana Schnake y se convirtió en su colaboradora. Junto a Jorge Bucay, es autora de *Amarse con los ojos abiertos*. Participa en el entrenamiento anual con John Welwood en Estados Unidos desde 1996, y dirige el centro *Presencia* en Buenos Aires, donde dicta seminarios de formación para terapeutas y trabaja con su equipo en terapia individual, de pareja y grupal. Viaja asiduamente a Málaga (España) para impartir talleres terapéuticos organizados por Laura Wilkis. Jorge Bucay (Buenos Aires, 1949) es médico y psicoterapeuta gestáltico. Traslada en cada libro su experiencia terapéutica, manteniendo como clave un gran sentido del humor. Sus narraciones le permiten a sus pacientes entender mejor sus problemas, sin escatimar recursos simbólicos a la hora de ilustrar conceptos. Autor de *Cartas para Claudia* (1989), *Recuentos para Demián* (1994), *Cuentos para pensar* (1997), *De la autoestima al egoísmo* (1999) y *Amarse con los ojos abiertos* (2000), es autor también de los cuatro libros que constituyen la serie *Hojas de Ruta*, publicados entre 2000 y 2002: *El camino de la autodependencia*, *El camino del encuentro*, *El camino de las lágrimas* y *El camino de la felicidad*. Los libros del Dr. Bucay son best-séllers en México, Uruguay, Chile, Costa Rica, Venezuela, Puerto Rico y España, y han sido traducidos para su publicación en Estados Unidos, Inglaterra, Corea, Hungría y Brasil, entre otros.

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