



**Zentangle Basics: The Ultimate Guide for Absolute
Beginners With Unique Patterns and Shapes
(zentangle basics, zentangle basics featuring ideas,
zentangle basics book)**

Jeff Adams

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Zentangle is all the rage nowadays. Described by some as meditation for the artist, it's a drawing that consists of unique patterns and lines to form something. Sometimes, it's abstract. Other times, it forms a familiar picture. People say that it helps them meditate, improves their focus, and boosts their confidence. If you're new to Zentangle, you may have plenty of questions. How much art skill do I need? What are the requirements? Can I draw it on anything, or does it need a certain format? Can I clear my mind before I draw, so that it's easier on me? Are there patterns I can use as a reference? In Zentangle Basics, we have you covered! This book will cover the history of Zentangle, what makes a drawing a Zentangle, what you need, how you should go about with your Zentangle, and so much more. We won't leave you in the dark. By this book, you shall be on your way to becoming a Zentangle master! We'll provide you with various patterns that you can use to get you started. Make a pretty flower! Create a distorted tile that will make anyone dizzy! Make a never-ending series of zig zags. Everything will be available to you in an easy-to-explain format. You won't feel intimidated, and you won't need to give this book a second glance because something was poorly explained. So if you're interested in what Zentangle can do for you, give this book a try. You'll be glad you did.

Here is what you will learn after reading this book:

- What is Zentangle?
- Requirements for a Zentangle
- Clearing Your Mind
- Tangles to Get You Started
- Drawing Tips

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