



Keeping Your Smile: Caring for Children with Joy, Love, and Intention

Jeff A. Johnson

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Filled with warmth, humor, and honesty, *Keeping Your Smile* is a resource for anyone who cares for children and who wants to manage their own stress, tension, or anxiety before burnout becomes an overarching obstacle in their daily interactions with children. Jeff A. Johnson, a child care professional who wrote about his own burnout in *Finding Your Smile Again*, offers strategies, activities, tips, and tools help caregivers and educators work with children with passion and maintain a satisfying career in the field. Included are profiles of several professionals who have experienced burnout and survived to become stronger, better care providers.

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