



Assessment and Case Formulation in Counselling and Psychotherapy (Essential Issues in Counselling and Psychotherapy - Andrew Reeves)

Biljana van Rijn

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This is a thorough and well-structured piece of work, which brings in the recent work of excellent authorities such as Barbara Ingram. It is well arranged, with many examples and case vignettes, which bring the material to life in an engaging way. I enjoyed reading it, and would recommend it unreservedly.'

John Rowan, humanistic therapist, private practice

'This is a must-read book for students on courses in counselling, psychotherapy, clinical psychology and psychiatry.'

Heather Fowlie, Head of the Transactional Analysis Department, Metanoia Institute, London

Conducting a competent assessment and case formulation can be a daunting task for trainee therapists engaging in clinical assessment for the first time. This book is designed to help, by unpicking the many aspects involved in assessment and case formulation across modalities, practice settings and client groups.

The book:

- Explores key elements of clinical assessment including diagnosis, risk assessment, ethical considerations and accounting for difference.
- Highlights the necessary skills, techniques and legal requirements at each stage of the process.
- Takes into account the impact of culture, context and theoretical and practical considerations.
- Uses case studies and reflective questions to illustrate difficult concepts in context.

Equipping you with the knowledge and tools to make successful assessments and case formulations, this is an essential read for trainees and for qualified practitioners wishing to brush up on their understanding.

Dr Biljana van Rijn, Faculty Head of Applied Research and Clinical Practice, Metanoia Institute.

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Assessment and Case Formulation in Counselling and Psychotherapy (Essential Issues in Counselling and Psychotherapy - Andrew Reeves) can be one of your beginner books that are good idea. Many of us recommend that straight away because this guide has good vocabulary which could increase your knowledge in words, easy to understand, bit entertaining however delivering the information. The copy writer giving his/her effort to put every word into delight arrangement in writing Assessment and Case Formulation in Counselling and Psychotherapy (Essential Issues in Counselling and Psychotherapy - Andrew Reeves) nevertheless doesn't forget the main place, giving the reader the hottest in addition to based confirm resource facts that maybe you can be one among it. This great information may drawn you into new stage of crucial considering.

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