



Maine Home Cooking: 175 Recipes from Down East Kitchens

Sandra Oliver

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Residing on Maine's Islesboro Island, **Sandra Oliver** is a revered food historian with a vast knowledge of New England food history, subsistence living, and Yankee cooking. For the past five years, she has published her weekly recipes column, "Tastebuds", in the *Bangor Daily News*. The column has featured hundreds of recipes—from classic tried-and-true dishes to innovative uses for traditional ingredients.

Collecting more than 300 recipes from her column and elsewhere, and emphasizing fresh, local ingredients, as well as the common ingredients found in most kitchens, this volume represents a new standard in home cooking.

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Rolanda Parker:

Spent a free time to be fun activity to complete! A lot of people spent their leisure time with their family, or all their friends. Usually they performing activity like watching television, planning to beach, or picnic from the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your own free time/ holiday? Could be reading a book may be option to fill your totally free time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to consider look for book, may be the guide untitled Maine Home Cooking: 175 Recipes from Down East Kitchens can be very good book to read. May be it can be best activity to you.

William Jimenes:

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