



Una nueva visión: La mirada de mi alma a la tuya (Crecimiento n° 4) (Spanish Edition)

Rosa Riubo

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Para comprender el mundo en que vivimos y experimentar una vida plena es necesario realizar un cambio de percepción. Las herramientas para conseguirlo están al alcance de todos, pero hay que saber qué hacer con ellas y por dónde empezar.

En este libro, la autora nos cuenta su propio camino y cuáles son las señales que nos indican que estamos avanzando en este cambio. Al principio, este puede parecer un camino largo y difícil, pero en realidad se trata de dejar de buscar fuera aquello que se encuentra a solo unas respiraciones de distancia.

Una vez encontramos a nuestro guía interior, las casualidades dejan de ser casuales, las señales aparecen en forma de intuiciones o sueños y descubrimos un camino simple, que nos aleja del sufrimiento y nos acerca al Amor con mayúsculas; no a un amor irreal y perecedero, sino a un Amor Real y Eterno.

Este no es solo un libro para leerlo, sino para experimentarlo, y de ese modo experimentar también el propósito que tiene tu vida.

En el libro...

* Guía práctica de 21 días con ejercicios para despertar tu conciencia.

* Ilustraciones de la autora para acompañar las meditaciones.

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