



# Healthy Immunity: Scientifically Proven Natural Treatments for Conditions from A-Z

*Lorna R. Vanderhaeghe*

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**Healthy Immunity: Scientifically Proven Natural Treatments for Conditions from A-Z** Lorna R. Vanderhaeghe

Research-backed, natural medical treatments for the top 100 illnesses of modern life, including:

- Asthma
- Autoimmune Disease (Addison's Disease to Vitiligo — 25 in all)
- Cancer
- Diabetes
- Digestive Problems
- Herpes
- High Cholesterol
- High Blood Pressure
- Women's Health Issues
- Warts and more

Building on her experience and her review or research papers, published throughout the world, author Lorna R. Vanderhaeghe has compiled detailed, disease-related prescriptions for health using natural products, diet, and lifestyle therapies.

In addition to learning how to use natural treatments to fight these diseases, you will learn how key systems — cardiovascular, immune, and digestive — work and how you can fine-tune them to regain and maintain health. And finally, Lorna's collection of immune-enhancing recipes will keep your disease-fighting systems in top form.

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