



The Joys of Much Too Much: Go for the Big Life-- The Great Career, The Perfect Guy, and Everything Else You've Ever Wanted

Bonnie Fuller

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A business powerhouse and mother of four who has led America's most popular magazines -- including *Glamour*, *Cosmopolitan*, *Us Weekly*, and *Star* -- to record successes, Bonnie Fuller has, until now, been an immensely private person.

But in *The Joys of Much Too Much*, she shares an unthinkable secret: the key to happiness is not a balanced life but one that is maxed out with a career, romance, and family. Not only can you have it all, but you shouldn't settle for anything less. In *The Joys of Much Too Much* she provides a blueprint for having everything you want personally and professionally -- even if you're afraid you don't have what it takes.

For the first time, Fuller tells with astonishing candor what it was like to be an awkward, shy girl from a middle-class Jewish family who learned through hard-won successes and painful failures how to invent the over-the-top life she wanted.

Using personal anecdotes from her home and professional lives, Fuller describes the unusual coping methods that have made her happily unbalanced life work for her (hint: check your lettuce in the coatroom). In this straight-shooting, inspiring how-to, Fuller shows readers how to turn negatives into positives, squeeze the very most out of every chaotic minute, and embrace the unknown.

The Joys of Much Too Much will lead you to envision more for yourself, go for it -- and then get it.

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