



# Day by Day: Daily Meditations for Recovering Addicts (Hazelden Meditations)

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## **Day by Day: Daily Meditations for Recovering Addicts (Hazelden Meditations)** Anonymous

Newly revised, this classic meditation book has brought an eloquent message about living one day at a time to more than a million recovering addicts. Its inspirational passages augment and reinforce AA principles about coping constructively with life's daily problems, staying sober, and growing spiritually.

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