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Fernanda Familiar

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Fernanda Familiar es autora de Mamás de teta grande y conductora del exitoso programa radiofónico ¿Qué tal Fernanda?

La cálida pluma de Fernanda Familiar comienza por explicarnos cómo nosotros mismos tomamos un rol de víctimas o cómplices en la mayoría de nuestras relaciones y nos advierte de su consecuencia. Su propósito es mostrarnos la manera de evitar estas conductas y tomar una actitud resiliente al trabajar aspectos fundamentales de nuestra personalidad para superarnos y transformarnos positivamente.



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