

The Counsellor's Guide to Personality: Understanding Preferences, Motives and Life Stories (Professional Handbooks in Counselling and Psychotherapy)

Rowan Bayne

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This text offers a wide-ranging, integrated, comprehensive introduction to the field of personality differences for counsellors, looking at the key theories and exploring their application to practice. Suitable for trainee, new and experienced counsellors, this is an invaluable addition to training course reading lists.



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