



# Our Fathers, Ourselves: Daughters, Fathers, and the Changing American Family

*Peggy Drexler*

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## **Our Fathers, Ourselves: Daughters, Fathers, and the Changing American Family** Peggy Drexler

There's no denying that a woman's relationship with her father is one of the most important in her life. And there's also no getting around how the quality of that relationship--good, bad, or otherwise--profoundly affects daughters in a multitude of ways.

In *Our Fathers, Ourselves*, research psychologist, author and scholar Dr. Peggy Drexler examines the ways in which the father-daughter bond impacts women and offers helpful advice for creating a better, stronger, more rewarding relationship. Through her extensive research and interviews with women, Dr. Drexler paints an intimate, timely portrait of the modern father-daughter relationship.

Women today are increasingly looking to their dads for a less-than-traditional bond, but one that still stands the test of time and provides support, respect, and guidance for the lives they lead today. *Our Fathers, Ourselves* is essential reading for any woman who has ever wondered how she could forge a closer connection with and gain a deeper understanding of her father.

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