



The Physics of Emotions

Cari Lynn Vaughn

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The Physics of Emotions Cari Lynn Vaughn

Emotions are energy and they are subjected to the same Laws of Physics as other forms of energy. Here, in these profound pages, author Cari Lynn Vaughn explores this idea in depth. First, she discusses the language of emotions and the neurochemistry involved. Slowly, she moves into the world of Physics. From Thermodynamics to Electrodynamics, there are lessons everywhere. Touching upon Quantum Physics and String Theory, Vaughn considers how all these fields converge into a new unified theory about our inner world. In the last section of the book, Vaughn explores the Ocean as Metaphor, discovering new ideas in Oceanography, The Composition of Sea Water, Marine Biology, Diving and Surfing, among others. This book is part educational and part inspirational, but it is all enjoyable. It is meant to be a poetic journey that is as practical as it is poetic. It will change the way you think and perhaps even change your life.

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