



# Becoming an Actor

*Thomasina Unsworth*

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# Becoming an Actor

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## **Becoming an Actor** Thomasina Unsworth

A practical guide to training as an actor, helping you get the most out of drama school - and survive in the world beyond.

Are you thinking of applying to drama school?

Do you have a place already and want to get the most out of your training? Are you seeking to make the best possible start in the world beyond drama school?

*Becoming an Actor* takes you, step by step, technique by technique, through everything you can expect to encounter at drama school, and in your first year as a professional actor. Stuffed with exercises and full of practical advice, it is the ideal handbook to accompany your training.

Thomasina Unsworth teaches at Rose Bruford College, one of the UK's leading drama schools. Here she shows what acting classes at an accredited drama school are actually like, and offers guidance and support through what is a critical time in any actor's career.

With many different exercises to help actors explore the techniques they need to master, *Becoming an Actor* is also an invaluable resource for those teaching acting, and for those seeking to refresh their training.

'Clear, bright, accessible and above all useful... offers young actors a valuable insight into the demands and rewards of professional training, while providing a sequence of practical exercises which can be used by performers, students and teachers across a much broader range of contexts.' - *Stanislavski Studies*

'Entertaining and informative... students and potential students will find Unsworth's readable book invaluable.' - *ReviewsGate.com*

'Ideal for anyone interested in vocational training... includes lots of classroom exercises to show the reader exactly the sort of thing that they can expect to be doing [in drama school]' - *Teaching Drama Magazine*

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