



# A Practical Approach to Trauma: Empowering Interventions

*Priscilla Dass-Brailsford*

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A Practical Approach to Trauma: Empowering Interventions provides trauma counselors with effective guidelines that enhance skills and improve expertise in conducting empowering therapeutic interventions. Taking a practitioner's perspective, author Priscilla Dass-Brailsford focuses on practical application and skill building in an effort to understand the impact of extreme stress and violence on the human psyche.

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