



Autosuficiencia: ¡Una Completa Guía para la Preparación y Supervivencia Familiar! (Spanish Edition)

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Cuando azota un desastre, el último lugar en el que desea estar es atascado en una fila en la tienda de la esquina. Tener una reserva de alimentos – o lo que los preparados para el día del Juicio Final llamarían una 'despensa de supervivencia o desastre' – es esencial si desea sobrellevar una catástrofe y sus consecuencias.

¿Qué son las Provisiones de Emergencia a Corto Plazo?

Existen provisiones de emergencia a largo plazo y a corto plazo. Las provisiones de emergencia a largo plazo son aquellas que tienen largos períodos de duración en los estantes, y pueden sustentarle de forma indefinida. Corresponden a aquellos productos comestibles que pueden mantenerse estables al almacenamiento por un largo tiempo. Los productos comestibles que son comercializados como provisiones a largo plazo usualmente son enlatados o empaquetados y pueden no parecerse a aquellos alimentos que consume de forma regular.

Las provisiones de emergencia a corto plazo, en tanto, no tienen una duración tan larga pero pueden mantenerle nutrido mientras aguanta lo peor del desastre. Pueden incluir alimentos que consume normalmente y/o comidas favoritas, por ejemplo, aquellas que no necesariamente perduran o son particularmente nutritivas, pero que son importantes porque usted o su familia disfrutaban consumirlas.

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A lot of people always spent their very own free time to vacation or go to the outside with them family members or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, or maybe playing video games all day long. If you would like try to find a new activity that's look different you can read any book. It is really fun to suit your needs. If you enjoy the book that you read you can spent the entire day to reading a e-book. The book Autosuficiencia: ¡Una Completa Guía para la Preparación y Supervivencia Familiar! (Spanish Edition) it is quite good to read. There are a lot of folks that recommended this book. These people were enjoying reading this book. When you did not have enough space bringing this book you can buy the actual e-book. You can m0ore easily to read this book from the smart phone. The price is not to fund but this book offers high quality.

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