



Go For The Goal: A Champion's Guide To Winning In Soccer And Life

Mia Hamm, Aaron Heifetz

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For the more than seven million girls—from knobby-kneed tykes to high school and college stars—who are tearing across the country chasing a soccer ball and dreams of glory, there is one name that eclipses all others, male or female: Mia Hamm. With her cheetahlike acceleration and lightning-bolt shot, Hamm broke nearly every record in her sport, while galvanizing a whole generation of fans and players.

Go for the Goal is not only the inspiring story of how a tiny suburban sprite became a global terror with a ball (and the world) at her feet—it's also a step-by-step or dribble-by-dribble guide for any kid with the all-American dream of making the team and becoming a champion.

Filled with personal anecdotes and fully illustrated with both action and instructional photographs, *Go for the Goal* shows readers exactly how to master the silky skills and techniques that made Hamm and her teammates the finest women's soccer team in the world.

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