



La Tiroide dalla A alla Z (Italian Edition)

Claudio Pagano

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Un manuale pratico, organizzato in ordine alfabetico, che fa luce su conoscenze superficiali, quando non errate o distorte, sul ruolo della tiroide nell'organismo e sulle conseguenze delle sue malattie.

Dall'agoaspirato alla tiroidite di Hashimoto, dalla gravidanza all'allattamento materno, dall'obesità al cancro, fino al gozzo nell'arte, senza dimenticare aspetti molto pratici come l'alimentazione e i ticket sanitari, le voci di questo abbecedario abbracciano tutti gli aspetti normali e patologici di questa ghiandola. Molte informazioni utili e interessanti che non tralasciano le malattie tiroidee negli animali da compagnia e le diete più appropriate per prevenire e curare i disturbi della ghiandola dalla forma di farfalla. Un testo che arricchisce con un linguaggio semplice ma sempre preciso e rigoroso.

Un abbecedario che esplora a trecentosessanta gradi le molteplici dimensioni di questa affascinante ghiandola. Un libro che dà risposte chiare alle molte domande che si fa da sempre chi soffre di malattie tiroidee, con l'aggiunta di interessanti curiosità sui legami della tiroide con la pittura, la letteratura e la cultura popolare. Un pratico manuale da consultare con facilità, ricercando un termine in particolare, o da sfogliare, voce dopo voce, come un racconto del mondo degli ormoni e dell'endocrinologia.

Prefazioni di Manuela Di Centa (atleta olimpionica) e Roberto Vettor (Università di Padova)

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