



Nutritional Management of Digestive Disorders

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Thanks to new tools of research and the heightened scientific rigor with which they are applied, medical science has reached a far more heightened understanding of nutrition's complex relation with digestive disease.

Nutritional Management of Digestive Disorders bring together the contributions of leading experts in nutrition and digestion to provide readers with a concise yet thorough record of the advances made in this area of research. In addition to discussing traditional areas of nutrition, it presents essential findings on more recent and novel therapies.

Specific Therapeutic Approaches to Specific Digestive Concerns

Among the specific topics, it describes celiac disease and eosinophilic esophagitis and their management through diet. It considers the role of nutrition in treating acute pancreatitis and liver disease, the role of macro- and micronutrients in preventing colon cancer, and the role of nutrition and dietary supplements in inflammatory bowel disease. Among emerging topics, it considers —

- Guidelines for the use of probiotics to ease irritable bowel syndrome and antibiotic-associated diarrhea
- Bariatric surgery for the treatment of obesity
- Short bowel syndrome and small intestinal transplantation
- Expanding metal stents used to overcome malignant obstructions of the upper gastrointestinal (GI) tract
- Nutrition's role in treating acute pancreatitis and liver disease

Chapters in the book are dedicated to modern approaches to nutritional assessment, parenteral nutrition, and home nutritional support. Putting those recent developments into perspective, the book begins with a chapter that recounts the history of nutritional therapy in gastrointestinal disorders. Offering a cutting edge look at the field, **Nutritional Management of Digestive Disorders** provides researchers with critical data needed to conduct further research, while also providing clinicians with a look at new approaches to effective treatment.

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