



# Planning for Learning through Food

*Rachel Sparks Linfield*

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## **Planning for Learning through Food** Rachel Sparks Linfield

Plan for six weeks of learning covering all six areas of learning and development of the EYFS through the topic of food. The Planning for Learning series is a series of topic books written around the Early Years Foundation Stage designed to make planning easy. This book takes you through six weeks of activities on the theme of food and eating. Each activity is linked to a specific Early Learning Goal, and the book contains a skills overview so that practitioners can keep track of which areas of learning and development they are promoting. This book also includes a photocopiable page to give to parents with ideas for them to get involved with their children's topic, as well as ideas for bringing the six weeks of learning together. The weekly themes in this book include: favourite food, buying and selling food, fruit and vegetables, food from around the world, fairytale or nursery rhyme food, and food for special occasions.

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