



# The Angry Christian: A Theology for Care and Counseling

*Andrew D. Lester*

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**The Angry Christian: A Theology for Care and Counseling** Andrew D. Lester

In this work, respected scholar Andrew Lester discusses and incorporates the newest behavioral research models, contemporary biblical and theological scholarship, constructivist philosophy, and narrative theory into a comprehensive pastoral theology of anger. In revisiting through the lens of theological anthropology the very subject that brought him to the forefront of scholarship in pastoral care, Lester presents engaging new material and innovative new methods of interventions for dealing with this often-confusing human emotion.

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