



Savoring the Seasons Of the Northern Heartland: 200 Recipes Blending Bold, New Flavors with the Traditional Foods of the Upper Midwest

Beth Dooley

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More than two hundred delicious seasonal recipes from the upper Midwest celebrate the diverse ethnic groups--Scandinavian, German, Eastern European, Scottish, and Welsh--that helped define the character of the region's cuisine, accompanied by period photographs and lively anecdotes about the traditi

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