



Physical Therapy of the Shoulder (Clinics in Physical Therapy)

Robert A. Donatelli

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The leading reference on shoulder rehabilitation, **Physical Therapy of the Shoulder, 5th Edition** provides complete information on the functional anatomy of the shoulder, the mechanics of movement, and the evaluation and treatment of shoulder disorders. It promotes current, evidence-based practice with coverage of the latest rehabilitation and surgical techniques. Case studies show the clinical application of key principles, and follow the practice patterns from the *APTA Guide to Physical Therapist Practice, 2nd Edition*, relating to shoulder disorders. Edited by Robert Donatelli, a well-known lecturer and consultant for professional athletes, this book includes a companion website with video clips demonstrating shoulder therapy techniques and procedures.

- **State-of-the-art coverage** details the latest rehabilitation and surgical techniques and procedures of shoulder disorders.
- **The integration of practice patterns from the *APTA Guide to Physical Therapist Practice, 2nd Edition***, demonstrates APTA guidelines for managing shoulder disorders.
- **Case studies** in each clinical chapter show the management of real-life situations.
- **Video clips on the companion website** demonstrate examination techniques, function tests, treatment techniques, and exercises.
- **Updated neurology and surgery sections** provide the most current, evidence-based practice parameters.
- **New case studies** are added to show the clinical application of therapy principles.
- **Video clips on the companion Evolve website** demonstrate additional techniques, exercises, and tests.

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