



# Tupelo Honey Cafe: New Southern Flavors from the Blue Ridge Mountains

*Elizabeth Sims, Chef Brian Sonoskus*

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“As I oohed and aahed my way through these pages, I saw that brand-new recipes sure can conjure up some good old memories. As a proud product of my beloved Blue Ridge Mountains, I am heartened by the Ode to Muddy Pond cocktail, intrigued by the Pimento Cheese Fondue, lured by Appalachian Egg Rolls, and astonished by Southern Poutine with Double Sausage Gravy. Thank you, Elizabeth, for creating a beautiful cookbook that sent me running into the kitchen.”

—**Sheri Castle, author of *The New Southern Garden Cookbook: Enjoying the Best from Homegrown Gardens, Farmers’ Markets, Roadside Stands, and CSA Farm Boxes***

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“From burgoo thick with chorizo and chicken to a cocktail that sloshes with bourbon and sorghum, this book showcases innovative Appalachian food and drink. Thumb your way through and you’ll recognize that, all derring-do aside, Tupelo Honey broadcasts an honest and enduring respect for Appalachian people and their culinary culture.”

—**John T. Edge, series editor of *Cornbread Nation: The Best of Southern Food Writing***

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“Brian and Elizabeth are pointing toward what’s really important in our food culture. The Appalachian table is the humble intersection of families and their food. The stories that precede this intersection and, just as important, the chatting and chewing generated by this meeting, are the fabric of our human connection. The recipes in this book are inspired by some of the best of those stories, and the food takes an exciting new look at the beauty and power of our shared table.”

—**John Fleer, chef at Rhubarb and Canyon Kitchen**

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“There are reasons why folks stand in long lines for a table at Tupelo Honey. You will find over 125 of them in the sweet, savory, and sassy recipes gathered here. Weaving among them are Elizabeth Sims’s thoughtfully written stories and histories of the mountain South, providing both setting and inspiration for this distinctive American restaurant. It’s nourishment for both belly and heart.”

—**Ronni Lundy, author of *Shuck Beans, Stack Cakes, and Honest Fried Chicken***

Tupelo Honey Cafe, now with locations now throughout the Mountain South, brings fans the restaurant’s second cookbook. *Tupelo Honey Cafe: New Southern Flavors from the Blue Ridge Mountains*, provides a gastronomic tour of the flavors and tastes of the region considered the Mountain South – but interpreted through Tupelo’s own lexicon. From Appalachian Egg Rolls With Smoked Jalapeno Sauce, Pickled Onions and Pulled Pork to Acorn Squash Stuffed with Bacon Bread Pudding to Maple Sweet Potato Bread Pudding, each recipe tells a story about the traditions, inspiration and history of the southern mountains, using the Blue Ridge Parkway, a 469-mile National Scenic By-way as a narrative jumping-off point. The result is an assembly of 125 imaginative, delicious and approachable recipes to be enjoyed by the home cook, the avid reader and book collector, and the hungry appetite alike. A foreword by Chef Sean Brock and gorgeous photos of the surrounding area and food complete this collection.

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### **From reader reviews:**

#### **Jeffrey Paolucci:**

Precisely why? Because this Tupelo Honey Cafe: New Southern Flavors from the Blue Ridge Mountains is an unordinary book that the inside of the e-book waiting for you to snap this but latter it will shock you with the secret the item inside. Reading this book adjacent to it was fantastic author who all write the book in such remarkable way makes the content on the inside easier to understand, entertaining technique but still convey the meaning totally. So , it is good for you because of not hesitating having this ever again or you going to regret it. This amazing book will give you a lot of positive aspects than the other book possess such as help improving your proficiency and your critical thinking technique. So , still want to hold off having that book? If I have been you I will go to the e-book store hurriedly.

#### **Jennifer Nava:**

Tupelo Honey Cafe: New Southern Flavors from the Blue Ridge Mountains can be one of your nice books that are good idea. All of us recommend that straight away because this reserve has good vocabulary that can increase your knowledge in words, easy to understand, bit entertaining but nevertheless delivering the information. The copy writer giving his/her effort to place every word into joy arrangement in writing Tupelo Honey Cafe: New Southern Flavors from the Blue Ridge Mountains but doesn't forget the main point, giving the reader the hottest as well as based confirm resource info that maybe you can be one among it. This great information can certainly drawn you into new stage of crucial imagining.

#### **Robert Rooks:**

On this era which is the greater particular person or who has ability to do something more are more special than other. Do you want to become certainly one of it? It is just simple way to have that. What you are related is just spending your time little but quite enough to get a look at some books. On the list of books in the top record in your reading list will be Tupelo Honey Cafe: New Southern Flavors from the Blue Ridge Mountains. This book that is qualified as The Hungry Hills can get you closer in growing to be precious person. By looking way up and review this guide you can get many advantages.

#### **Randy Champion:**

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