

Veterans of War, Veterans of Peace

Maxine Kingston

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This poignant collection, compiled from Kingston's healing workshops, contains the distilled wisdom of survivors of five wars, including combatants, war widows, spouses, children, conscientious objectors, and veterans of domestic abuse. Vetrans of War, Vetrans of Peace includes accounts from people that grew up in military families, served as medics in the thick of war, or came home to homelessness. All struggle with trauma - PTSD, substance abuse, and other consequences of war and violence. Through their extraordinary writings, readers witness worlds coming apart and being put back together again through liberating insight, community, and the deep transformation that is possible only by coming to grips with the past.



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