



# Enlightenment Unfolds: The Essential Teachings of Zen Master Dogen

*Kazuaki Tanahashi*

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*Enlightenment  
Unfolds*

is a sequel to Kaz Tanahashi's previous collection,  
*Moon  
in a Dewdrop*,

which has become a primary source on Dogen for Western Zen students. Dogen Zenji (1200-1253) is unquestionably the most significant religious figure in Japanese history. Founder of the Soto school of Zen (which emphasizes the practice of *zazen* or sitting meditation), he was a prolific writer whose works have remained popular for six hundred years.

*Enlightenment  
Unfolds*

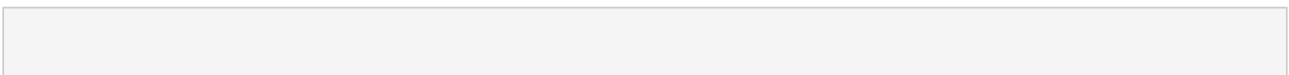
presents even more of the incisive and inspiring writings of this seminal figure, focusing on essays from his great life work,

*Treasury  
of the True Dharma Eye*

,  
as well as poems, talks, and correspondence, much of which appears here in English for the first time.

Tanahashi

has brought together his own translations of Dogen with those of some of the most respected Zen teachers and writers of our own day, including Reb Anderson, Edward Espe Brown, Norman Fisher, Gil Fronsdal, Blanche Hartman, Jane Hirschfield, Daniel Leighton, Alan Senauke, Katherine Thanas, Mel Weitzman, and Michael Wenger.



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