



**No consulte a su médico: Cómo curarse sin
"ayuda" médica con métodos naturales y baratos
(Spanish Edition)**

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Este libro es una apología descarada de esa filosofía práctica conocida popularmente como "naturalismo", enemigo público de las firmas farmacéuticas internacionales y de los fabricantes globalizados de frituras, comidas rápidas, bebidas embotelladas y demás chatarras que nos abruman y envenenan.

Como explica qué se debe comer para no enfermarse nunca, es también un tratadito de medicina preventiva, muy elemental; tanto, que podría sintetizarse en la siguiente sentencia: la mejor medicina consiste en vivir con la naturaleza, no contra ella. Coma, pues, sólo productos naturales.

Este libro le ayudará a usarlos en su beneficio.

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