



# über 250 Rezepte - Vegan - Kochen (German Edition)

*Fritz Berger*

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Das Vegane Kochbuch

Sie erhalten mit dem Kochbuch keine Informationslektüre über das Vegan-Sein, in dem ganz nebenbei ein paar Rezepte vorkommen.

In dem Kochbuch (ebook) "Vegan - Kochen" erhalten Sie ausschließlich vegane Rezepte. Über 250 x vegane Rezepte!

Ob Sie nun ein "alter" Vegan-Profi sind oder kürzlich erst in das vegane Leben eingetaucht sind, Sie werden sicherlich gemerkt haben, Vegan-Sein ist ein Abenteuer, auf das man sich jeden Tag erneut einlassen muss.

Rezepte finden, das ist nicht immer einfach, und wenn man fündig geworden ist, sollten sie möglichst auch noch schmecken.

Ich bin mir sicher, dass Sie in diesem Kochbuch sehr wohl fündig werden und dass Ihnen viele Rezepte ans Schlemmer-Herz wachsen werden. Sie erfahren auch, dass es nicht immer zwingend notwendig ist, Tofu für alle Gerichte zu verwenden.

Gehen Sie auf eine köstliche, kulinarische Reise, die Ihnen dieses Kochbuch offenbaren wird.

Von der Vorspeise über Suppen und Hauptspeisen, das Backen und Grillen, bis hin zum leckeren Dessert. Bei der Fülle an Rezepten ist für Anfänger und Fortgeschrittene etwas dabei.

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