

### Show Me: How to Remember Your Power through Self-Love and Forgiveness

Angela Blaha

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"There is no greater gift you can give to yourself and the people you love in your life than to learn to love who you are at a soul level," writes Angela Blaha. "Remembering that I am from Love is the most freeing and empowering gift I have given myself." The author's Show Me: How to Remember Your Power through Self-Love and Forgiveness offers a new way of being that begins with the experience of love at a vibrational level.

The book includes channeled messages on some of the most common questions raised by those desiring personal transformation through the deeper understanding and practice of self-love and forgiveness. How to Remember Your Power also includes practical exercises to help readers integrate love and forgiveness into their daily lives and access to a free "Show Me" Meditation Series.

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Angela Blaha is a transformational teacher, healer, and personal coach who supports those who desire emotional healing to overcome obstacles to greater joy and fulfillment. She helps her clients transform thoughts, feelings, and emotions to create new patterns that allow them to decrease stress and increase optimism and fulfill their dreams and desires. To learn more and work with Angela, visit http://www.angelablaha.com.



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